

## LINCOLNSHIRE HEALTH AND WELLBEING BOARD

Open Report on behalf of Dr Tony Hill, Executive Director for Community Wellbeing and Public Health

Report to	<b>Lincolnshire Health and Wellbeing Board</b>
Date:	<b>24 March 2015</b>
Subject:	<b>Health and Wellbeing Grant Fund</b>

### **Summary:**

At the meeting on 9 December 2014 the Board agreed the application process for allocating the remaining money in the Health and Wellbeing Grant Fund. This process included the establishment of a Sub Group to review Project Proposals and make recommendations to the Board on which projects to fund. This report provides details on the funding recommendations made by the Sub Group at their meeting on 25 February 2015.

### **Actions Required:**

The Health and Wellbeing Board are asked to agree the funding recommendations put forward by the Health and Wellbeing Fund Sub Group.

### **1. Background**

The Health and Wellbeing Fund for Lincolnshire (the fund) was originally established in 2008 under a Section 256 Agreement between Lincolnshire County Council and NHS Lincolnshire. It was set up to support projects and initiatives which improve the health and wellbeing of the people of Lincolnshire. In November 2014 a revised Section 256 Agreement was signed between the County Council and the four Clinical Commissioning Groups and responsibility for allocating the remaining fund, totalling £1,328,661.00 was transferred to the Lincolnshire Health and Wellbeing Board. The process for allocating the remaining fund was agreed by the Board on 9 December 2014.

Significant interest was shown in the fund, far outstripping the amount of money available to allocate. 36 Expressions of Interest were received and reviewed by

the relevant Theme Lead and Board Sponsors to ensure they meet the funding objectives and the priorities in the Joint Health and Wellbeing Strategy. As a result of this 20 applicants were asked to complete a more detailed Project Proposal for consideration by the HWB Fund Sub Group.

The HWB Fund Sub Group, made up of Cllr Woolley (LCC representative) and Gary James (CCG representative) met on 25 February 2015 to review the 20 Project Proposals. The funding recommendations from this meeting are detailed in Appendix A. The Sub Group endorsed ten Projects Proposals totalling £1,306,234.00, leaving £12,427 unallocated to be held in reserve.

Subject to the Board approving the funding recommendations all successful applicants will be issued with a formal funding agreement. The projects will be monitored quarterly by an officer from the County Council's Community Engagement Team and a report on the impact and effectiveness of the projects will be presented to the Board as part of the annual assurance process.

## **2. Conclusion**

The Board is responsible for approving the funding recommendations put forward by the HWB Fund Sub Group. Ten applications have been endorsed by the HWB Fund Sub Group and the Board is asked agree the list of projects shown in Appendix A.

## **3. Consultation**

Relevant Theme Leads and Board Sponsors were consulted as part of Stages 1 and 2 of the Health and Wellbeing Grant Fund application process. Applications were reviewed to ensure they align with the funding objectives and the priorities in the Joint Health and Wellbeing Strategy.

## **4. Appendices**

These are listed below and attached at the back of the report	
Appendix A	Health and Wellbeing Grant – Funding Recommendations

## **5. Background Papers**

No background papers within Section 100D of the Local Government Act 1972 were used in the preparation of this report.

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## Health and Wellbeing Grant – Funding Recommendations

The amount of the Health and Wellbeing Grant Fund to be allocated is £1,316,234, leaving £12,427 unallocated as a contingency fund.

### JHWS Theme One

#### Getting Lincolnshire Active

Organisation: Lincolnshire Sports Partnership

Total Cost of Project: £450,000

**HWB Grant Fund Allocation: £150,000**

Project Timescales: June 2015 – May 2018

This project aims to increase participation in sedentary individuals using the 'My Activity Tracker (MAT) system' (a platform developed for Sport England) to monitor the progress towards improved health and increased participation. MAT gives every participant a swipe card allowing levels of activities to be recorded. Each participant will also be offered a 1:1 consultation/ motivational interview with a Health Trainer who will help them to set goals. Four full time Activity Coaches will be recruited to provide supportive advice and guidance to enable individual's access local sport activities. The project will target people resident in Earlesfield (Grantham), Stamford, Spalding and the Community Sport Activation Fund areas of East Lindsey, Boston and Lincoln. The project aims to engage 5760 sedentary individuals aged over 18 with identified health conditions. It is anticipated, based on previous experience including Exercise Referral that 1728 individuals will continue to be involved in sport after 12 months.

### JHWS Theme Two

#### My Rural Life

Organisation: Sortified CIC

Total Cost of Project: £10,096

**HWB Grant Fund Allocation: £10,096**

Project Timescales: April 2015 – September 2015

This project aims to develop a questionnaire based toolkit that would prompt individuals to think about their living arrangements based against a set of certain questions and scenarios. The questions will be designed to firstly make people think about living arrangements and how ageing may impact on those arrangements, and secondly would seek to create a score from the questions and scenarios that would link into a risk assessment style system. People will then be able to make life decisions and plan in advance. Information and advice will also be provided to support future planning and help mitigate reliance on health and social care services due to rural living. The toolkit would be created through co-production, and this process would determine the questions, areas to be covered and any areas that are considered out of scope. The project will look to link with existing networks and programmes of work to support the roll out of the toolkit.

## **JHWS Theme Three**

### Diabetes Education and Resources

Organisation: 4 Lincolnshire CCGs

Total Cost of Project: £169,800

**HWB Grant Fund Allocation: £169,800**

Project Timescales: April 2015 – March 2016

This project will enhance the current diabetes services provided within the community by GP Practices and Lincolnshire Community Health Services (LCHS). Patients with Type 2 diabetes referred to the service are invited to attend an education course (Spotlight), which aims to give newly diagnosed patients the knowledge and skills they need to effectively self-manage their diabetes. Many of the Diabetes Specialist Nurses working in the community across Lincolnshire currently utilise a range of books and other resources to show patients what a portion size should be and the nutritional values of different foods. This project will ensure that patients receive a consistent education for their diabetes as well as allowing them to have their own copy of the book or access to an app on their smartphone. Work is currently underway across Lincolnshire to improve the quality of care for people with diabetes and as part of this engagement has been undertaken with diabetes patients in the West and East CCG areas to ensure the new model of care meets their needs and meets national guidance to further integrate diabetes service across GP Practices, community services and hospital settings. The HWB funding supports the delivery of services as it transitions from the current model to the integrated service.

## **JHWS Theme Four**

### Care Leavers Mentoring Project

Organisation: Barnardo's

Total Cost of Project: £152,016

**HWB Grant Fund Allocation: £150,516**

Project Timescales: April 2015 – March 2017

This project will deliver a two year Care Leavers Mentoring project across Lincolnshire offering specialist interventions, broadly out of hours, to sixty care leavers with a clear focus on supporting social inclusion. Barnardo's will recruit a full time Project Worker who will be tasked with recruiting a cohort of twenty Volunteer Mentors. The mentors will be recruited from a wide range of backgrounds including at least 15% previous care leavers who are well placed to help young people in similar situations, as well as offering care leaver mentors valuable up skilling/volunteering experience. The approach is based on the belief that links with local people can support the widening of care leaver's social networks. This will encourage engagement in community activities; and over time a sense of belonging which is key to care leavers becoming more independent.

### Let's Get Fizzical

Organisation: Positive Futures Lincolnshire

Total Cost of Project: £41,720

**HWB Grant Fund Allocation: £40,720**

Project Timescales: April 2015 – March 2016

This project will engage with inactive children aged 8 to 14 in sport, helping to build their confidence and enjoyment as well as improving physical activity levels. Positive Futures seeks to pilot the approach in Lincoln and Boston, working with eight schools in each area. Each school will have an initial taster session, followed by a 6 week programme of activities, 1 session per week, for young people sensitively identified due to concerns over obesity and sedentary behaviour at school. A supportive, child centred approach and the use of incentives and pedometers will be used to encourage attendance. Health promotion advice and motivation will be provided by trained and experienced coaches and volunteers. The project will also offer community based activities in the vicinity of participating schools, open to Let's Get Fizzical participants, other young people, parents and siblings. Specific training will also be provided to help coaches and volunteers better support the mental health and wellbeing of children and young people.

## **JHWS Theme Five**

### Get Started and Get into Healthy Lives

Organisation: Lincolnshire Sports Partnership

Total Cost of Project: £403,578

**HWB Grant Fund Allocation: £240,000**

Project Timescales: April 2015 – March 2018

This project aims to support 234 young people aged 16-25. Specifically aimed at promoting health and wellbeing amongst young people, the project will also provide training and routes into employment within Health and Social Care services. This initiative has been piloted in other parts of the country and works in partnership with local NHS providers and VCS using the 'Get Started' and 'Get into' programmes devised by the Prince's Trust. The 'Get Started' programme uses art, sports and digital themes as 'hooks' to engage young people and use as a gateway to learning, training or job opportunities. The 'Get into Hospital Services' programme will promote health and care and support young people to find employment or training in the health and care sector.

### Step Forward

Organisation: LCC to sub contract via a procurement process

Total Cost of Project: £237,323

**HWB Grant Fund Allocation: £226,200**

Project Timescales: October 2015 – September 2017

The project will support adults aged 18 or over that have learning disability, autism and/or mental health condition and are unemployed. It will focus on those whose health and care needs are mild to moderate and that could enter the world of work with tailored support. Services provided by this project will include development and delivery of customised support packages that will meet the needs of individuals including: one to one sessions with a named support worker, career action/personal development plans; opportunities to experience 'real life' work situations; personal employment pack and tailored support to help individuals identify suitable employment or training opportunities. The Specialist Adults Services Joint Commissioning Team will be responsible for commissioning the service on behalf of Lincolnshire County Council and the four Lincolnshire Clinical Commissioning Groups.

### Assisting Low Income Households into Work

Organisation: City of Lincoln Council

Total Cost of Project: £98,000

**HWB Grant Fund Allocation: £98,000**

Project Timescales: May 2015 – April 2019

This project supports the 'Universal Support Delivered Locally' (USDL) work being carried out by the City of Lincoln and North Kesteven District Council shared Revenues and Benefits Service (known as LINK) linked to the rollout of Universal Credit. LINK will work with social landlords in both districts to identify tenants on low incomes who are not entitled to 'free of charge' college courses but whose incomes are at level that they could not afford to pay for the course themselves. In conjunction with Lincoln College, the project aims to deliver a total of 600 ICT skills courses over the next 4 years to enable low income people gain new skills and improve their employment prospects.

### Connecting Communities – Developing Community Assets & Resilience

Organisation: LECCG/LCC in conjunction with Wainfleets2gether & Winthorpe

Community Partnerships

Total Cost of Project: £141,302

**HWB Grant Fund Allocation: £120,302**

Project Timescales: May 2015 – April 2017

The HWB funding will be used to further establish and embed sustainability into two resident led, fully constituted Partnership groups in Wainfleet and Winthorpe by employing two part time coordinators to develop and co-ordinate activities. Many residents living in hard pressed communities and neighbourhoods within the Skegness and Coastal Clinical Commissioning Locality deal with high levels of anti-social behaviour, substance abuse, poor housing and a lack of employment prospects. Through this project each community will develop a Community Action Plan setting out the improvement needs of the community. The coordinators role is pivotal to the development of the partnership's activity within the community, releasing community capacity to establish a long term mechanism for greater co-ordination and dynamic interaction between residents, authorities and local services.

### **JHWS Carers Cross Cutting Theme**

#### Lincolnshire Carers Charter

Organisation: Lincolnshire Carers and Young Carers Partnership

Total Cost of Project: £110,600

**HWB Grant Fund Allocation: £110,600**

Project Timescale: April 2015 – March 2017

This project seeks to establish a quality standard 'kite' mark scheme recognisable by all Lincolnshire Carers, providers and partners as a way of addressing some of the difficulties caused by rurality, poor transport infrastructure and sparsity of providers. The quality scheme will give carers the confidence that every intervention in their lives is positive and supportive and supplied/delivered by a trusted provider. The kite mark will also recognise those organisations, groups, businesses and providers who place a high value on the views, needs and ideas of carers and are empathetic towards carers. The funding will be used to develop and promote the Charter and kite mark scheme with a view to sustain the scheme through re-accreditation fees.